

# A passage to unpack

## Micah 6 v 1-8

Find the book of Micah in the Old Testament, find Chapter 6 and read verses 1-8.



In verses 6-7 the people are heard asking God what he wants from them. Before Jesus the people would offer sacrifices to God as a way of atoning for their sins – the animals they sacrificed were given to God as an apology for sin.

When Jesus died on the cross he took the punishment once and for all, so that all our sins can be forgiven by God.

Take a moment and ask God if there are any sins in your life that you need to repent of (say sorry) and ask God for his forgiveness. Write them on the corner of the page – pray and say sorry to God, then rip off the corner and throw it away.

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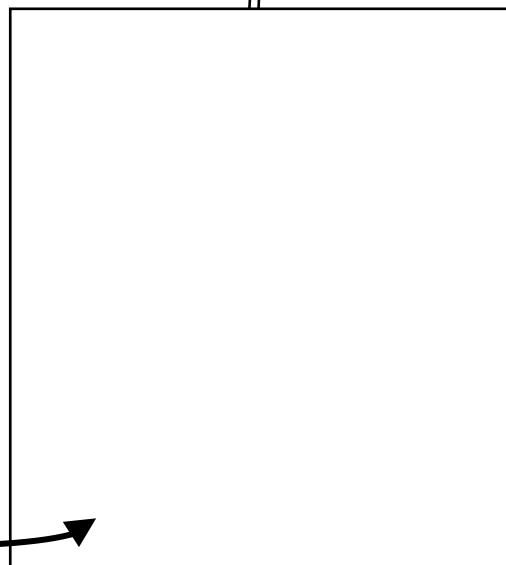
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The book of Micah is a prophetic book from the Old Testament. Micah was a prophet during a time when God's people were being dishonest and worshipping false gods. God spoke to Micah and gave him a message to share with His people.

In this passage God is asking why His people no longer worship and obey Him. God begins by listing some of the many ways He was blessed and protected them before.

Write or draw here a memory of a time when you knew that God was with you and protecting you.



In verse 8 Micah shares the sort of life that God calls us to live. Can you think of a practical way that you can apply each of these to your own life?

### ... do what is right to other people

How can you make sure that your behaviour to others is right and pleasing to God?

### ...love being kind to others

How can you actively demonstrate kindness to others this week?



### ...live humbly, obeying your God.

Why not ask God what He would like to teach you this week and how you can be more obedient to Him.